



**May your cup runnith over with health and prosperity in
2026.**

As classes are about to restart for 2026, below are our term dates for 2026:

Our Term Dates for 2026: Face2face and Zoom classes

Term1: 5th January'26(**Monday**) – 28th March(**Saturday**)

Half term: 16th – 21st February

Term2: 13th April (**Monday**) – 25th July(**Saturday**)

Half term: 25th – 30th May

Half Term = NO classes to run (Zoom or Face2Face)

For future date details please see the Jessica Pilates website:

<https://www.jessicapilates.co.uk/classes/face-to-face-class-timetable/> or

<https://www.jessicapilates.co.uk/classes/online-zoom-live-class-timetable/>

We aim to provide 39 weeks/classes per January-December period, which may result in classes running during half-term or holidays, if that class needs to be cancelled during normal term time.

We do take a break for Surrey half terms and usually 2 weeks over Easter and Christmas; with approx. 6 weeks off over the Summer.

Below is our live Zoom timetable running from 5th January 2026.

<u>DAY</u>	<u>TIME</u>	<u>VENUE</u>	<u>INSTRUCTOR</u>
Monday	09:30-10:30am	Online Zoom	Lisa
Tuesday	6:30 - 7:30pm	Online Zoom	Coleena
Wednesday	09:30 – 10:30am	Online Zoom	Becky
	6-7pm	Online Zoom	Lisa
Thursday	6:30 – 7:30pm	Online Zoom	Lisa
Friday	9am – 10am	Online Zoom	Anneliese
Saturday	09:15 – 10:15am	Online Zoom	Iryna

We want to encourage you to make use of our catch-up options, if you're ever unable to attend your usual class. By this I mean that if you ever have to miss your usual class, and have cancelled yourself off at least 24 hours before the start of that class, then you can book yourself in for a catch-up class (either face2face OR Zoom) at any of the other venues we run during the week. All this can be performed by yourself through your TeamUp profile (www.goteamup.com/)

You have 4 weeks as of the date of your missed class to catch it up.

Membership prices have been worked out taking into account school half terms and holidays, as we do break for these.

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We would like to Thank You for your support, and look forward to providing quality Pilates training to everyone in 2026.

May 2026 be a healthy and prosperous year for you all!

**Yours in Pilates
Nikki & instructors**

