

Classes restarted on Monday 5th September for both Zoom and Face2face classes, so we are well into our regular timetable.

Thank you to those who attended our Summer Series classes – it was a great success, and definitely something we will offer again next year.

We have had to say a sad farewell to Liesel, as she settles into teacher closer to home. From September the Wednesday evening classes in Worplesdon will now be taken by Jane.

A warm welcome to Paula C who has taken over the Tuesday evening class in Effingham. I'm sure clients in Cobham and Guildford will also get to meet her in time.

Due to circumstances beyond our control the Tuesday morning classes in Fairlands will move venue after half term. So, from 1st November, classes will run from the Tovey (small) room at Worplesdon Memorial Hall Perry Hill, Worplesdon, Guildford, Surrey, GU3 3RF. Paula A will be sure to remind clients closer to the time.

****A reminder of our Zoom Timetable, and that catch up classes on a Face2face membership can make use of these:**

DAY	TIME	VENUE	INSTRUCTOR
Monday	09:30-10:30am	Online Zoom	Jane
Tuesday	6:30 - 7:30pm	Online Zoom	Lisa
Wednesday	09:30 – 10:30am	Online Zoom	Jen
	6-7pm	Online Zoom	Coleena
Thursday	6:30 -7:30pm	Online Zoom	Lisa
Friday	9:30 – 10:30am	Online Zoom	Jane
Saturday	09:15 – 10:15am	Online Zoom	Nikki

Options at your fingertips:

Please don't forget that if you attend face2face classes and need to book a catch-up class, as long as you have cancelled yourself off the original class atleast 24hours in advance, then you can book a catch class. This can be **either** a face2face or live Zoom class!

Term Dates for 2022: Face2face and Zoom classes

Autumn Term: 5th September (Monday) – 19th December(Monday)

Half term: 24th -29th October

Winter Term: 3rd January'23(Tuesday) – 1st April (Saturday)

Half term: 13th – 18th February

Half Term = NO classes to run (Zoom or Face2Face)

For future date details please see the Jessica Pilates website:

<https://www.jessicapilates.co.uk/classes/face-to-face-class-timetable/> or

<https://www.jessicapilates.co.uk/classes/online-zoom-live-class-timetable/>

**Yours in Pilates
Nikki & instructors**

